

# COMMUNION CONVERSATION GUIDE

## WHAT TO SAY

- During the Passover (a festival they celebrated to remember how God freed the Israelites from Egypt), Jesus and his friends sat down to dinner together for a final meal before he was betrayed and arrested. That's why it's called the Last Supper.
- Now, during the Last Supper while they were eating, Jesus took some bread and blessed it. He broke it into pieces and gave it to the disciples. He said "Take this and eat it, for this is my body."
- Then he took a cup of juice and gave thanks to God. He gave it to them and said "Each of you drink from it, for this is my blood, which confirms the promise between God and His people. It is poured out as a sacrifice to forgive the sins of many."
- Jesus wants to be our friend. He gave his life on the cross for each and every one of us. He did this so we could experience the fullness of his love, receive his forgiveness of our sins, and be his friend forever.
- When we have chosen to trust God and believe that he sent Jesus to do just that, we can be his friend forever.
- When we join in and do communion together- it's to remember all that Jesus has done for us.

## WHAT WE DO

- During communion you will get a piece of bread and some juice
- When we eat the bread, we remember that Jesus' body was broken for our sins
- When we drink the juice, we remember the promise that we can be set free from all sin through Jesus' shed blood.
- We take a moment to be quiet and think about all of our sins- all the things we need to say "I'm sorry" for, and we ask Jesus to forgive us.
- We take a moment to pray and say "Thank you, Jesus, for your sacrifice. You have set me free!"

## FOLLOW UP QUESTIONS

- WHAT DID THE BREAD & JUICE TASTE LIKE?
- DID YOU HEAR ANY WORDS THAT WERE CONFUSING?
- WHAT ARE YOU CURIOUS ABOUT RELATING TO THIS?

## TIPS

Read Matthew 26 to help prepare you for the conversation  
Don't stress. It's okay if you can't answer every single question- don't make up answers, just say that you will look into it.  
Be patient. Kids are kids. There's no pressure for the moment to be perfect.

